

Welcome!

We are the Inland Empire Intergroup of Overeaters Anonymous.

OA IE IG Website:

www.go2oa.org

Whatever your problem with food, OA welcomes you. OA's Tradition Three states, "The only requirement for OA membership is a desire to stop eating compulsively." All are welcome!

Need a phone mtg on a holiday??

****See OA Pacific Sunrise Group marathons on Thanksgiving, Christmas, etc.****

<https://pacificsunriseoa.wordpress.com/marathons/>

Phone Marathons:

Thanksgiving Day
Hanukkah Dec 3
Xmas Dec 25
Kwanzaa Dec 26
New Year's Eve
New Year's Day

5am-9pm
Call
712.432.5200
PIN 4285115#

**OA IE
HelpLine:**
951-715-2080

Website:
<http://www.go2oa.org>

OA Lifeboat – Nov/December 2018

Overeaters Anonymous Inland Empire Intergroup Newsletter

****Upcoming OA Region 2 Convention!!****

Website is up! Come check it out!
Registration link should be up in Nov.

Join R2 in "Come to the FAIR - Freedom & Abstinence in Recovery," June 28-30, 2019, Sheraton Fairplex Pomona

Visit <http://www.oar2.org/convention/upcoming> for more information!!

There will be lots of speakers on many topics, games, raffles, and lots of fun!

****We also need more volunteers!!****
("Got service?")

Email Convention Chair Marjorie at r2specialevents@gmail.com or text her at 559.273.8560 if you have questions.

Grow your recovery and help OA carry the message! We need everybody!

See you at the F.A.I.R!



UPCOMING EVENT:

San Gabriel Valley/IE Intergroup presents the 50th SGVIE Birthday Party/Marathon! (Not to be confused with the 3-day OA Birthday Party in LA in January)

(5 Great Speakers! Raffles! Recovery!)

Date: Sat, December 15, 2018, 10am-4pm

Address: SGVIE Intergroup Office
1157 E. Arrow Hwy #4, Glendora CA 91740

Contact: Sandy (626) 272-7708



We have a wonderful drawing taking place. It will conclude at the end of the day. Ticket are available at the PARTY!!
Prices: \$1.00 for 1
\$5.00 for 6,
\$10.00 for 15

**COME JOIN THE PARTY!
LET'S CELEBRATE
50 YEARS OF SGVIE**

Where: SGVIE OA Meeting Room
1157 East Arrow Highway Suite #4
Glendora, CA. 91740

When:
December 15, 2018

Time:
10:00 - 4:00pm

Suggested Donation: \$15

(No one will be turned away for lack of funds)

Information Call: Sandy (626) 272-7708 626-335-3355 oasgvie.org

Bring a bag lunch (we will have a break @ 12:15 - 1:00). We will resume workshop at 1:15PM
If you know of any old timers please let them know about our 50th Birthday Party



Clip and mail-----

Name _____ Phone _____
Address _____
E-Mail _____ Amt. Enclosed _____

*****OA BIRTHDAY PARTY** LAX Hilton January 18-20.**



Registration is Open: \$45 until 11/25 earlybird pricing.
Hotel rooms are \$133/nite but can share, 4 people/rm.

Lots of speakers, sponsors, workshops, entertainment, raffles, fellowship, and fun. To register, visit:

<https://www.oalaig.org/oa-birthday-party/>

Upcoming Intergroup Meetings:

Mon Nov 12, 7pm

Mon Dec 10, 7pm

Location:

Community Ctr for
Spiritual Living,
3891 Ridge Rd
Riverside, CA

****Want to represent your
meeting, but live far away?*****

Join us via conference call:
(641) 715-0700

PIN: 917518#